



APOSTLES of the HOLY SPIRIT
Bulletin • Fall 2019

THE HOLY SPIRIT AND MARY



Who better to help increase our relationship with the Holy Spirit than Mary His spouse. She knew Him as no one else did and she invites us to let her guide us to worship her son, Jesus through His Holy Spirit. Through the Holy Spirit we rise to the highest spiritual heights that we are able in this life. In this relationship with the Holy Spirit we receive His gifts, His Peace, Comfort and the assurance of His presence in our Life.

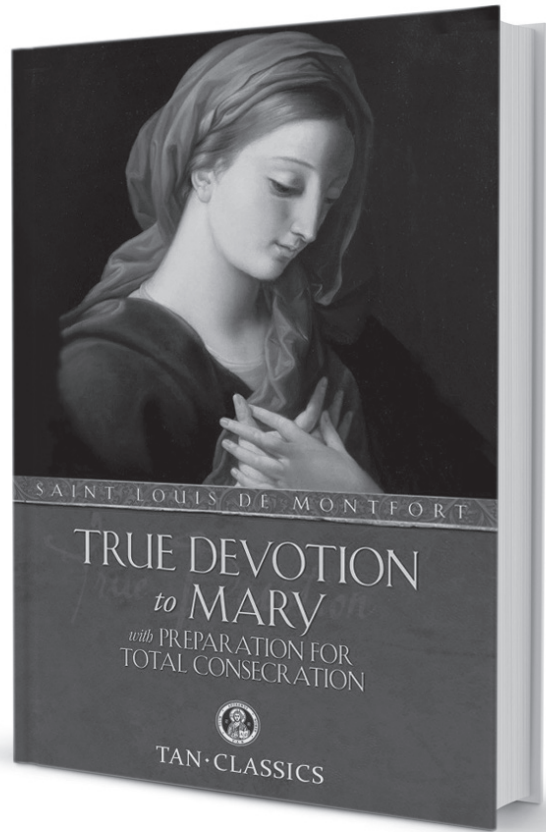
This grand work of St. Louis De Montfort is a great treasure for the Church. Many popes and saints, and multitudes of people have embraced this life-changing devotion. Some devotees of the book are Pope John Paul II and Mother Teresa. Consider it a great blessing and privilege that God has allowed you to learn this great secret of sanctity. This devotion will bring an immense increase of joy to your life as you draw closer to each member of the Blessed Trinity through the powerful and loving intercession of the Blessed Virgin Mary. Ann Collins

Father F.W. Faber (1814-1863) translated this book from French in 1862. He says *“Let a man but try it for himself, and his surprise at the graces it brings with it, and the transformations it causes in his soul, will soon convince him of its otherwise almost incredible efficacy as a means for the salvation of men, and for the coming of the kingdom of Christ. Oh, if Mary were but known, there would be no coldness to Jesus then!”*

“I have translated the whole treatise myself, and have taken great pains with it, and have been scrupulously faithful. At the same time, I would venture to warn the reader that one perusal will be very far from making him master of it. If I may dare to say so, there is a growing feeling of something inspired and supernatural about it, as we go on studying it; and with that we cannot help experiencing, after repeated readings of it, that its novelty never seems to wear off, nor its fullness to be diminished, nor the fresh fragrance and sensible fire of its unction.”

As wonderful as this book is, and technically easy to read, there is so much to it and so much to understand. There is so much that even the staunchest cradle-born Catholic may not have heard it all. It will bring up many questions that will need to be answered.

In Cincinnati we are blessed to have Ann Collins from St. Gertrude Parish who has taught this book to hundreds of people in the Tri-State area. She first read St. Louis De



Montfort’s “True Devotion to Mary” in 1995 when she learned that Pope John Paul II memorized it and took his papal motto from it. It changed her life. In 2005, a group of Anne’s friends asked her to lead them through the book. She went on to lead “True Devotion to Mary” study groups for the next 10 years until 2015. If interested in reading the book, with that help on DVD, including study guides, go to www.stgertrude.org/tdm.

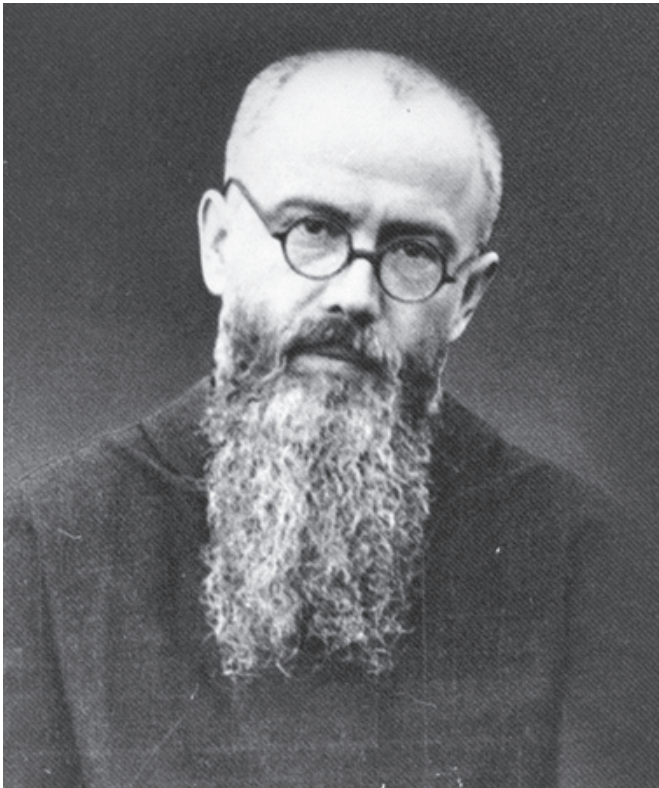
“This is the reason why He, the Holy Spirit, the more He finds Mary, His dear and inseparable spouse, in any soul, the more active and mighty He becomes in producing Jesus Christ in that soul, and that soul in Jesus Christ.”

St. Louis De Montfort



“The book “True Devotion to Mary” by St. Louis De Montfort is considered by many to be “the greatest single book of Marian spirituality ever written.”

Tan Publishers



“NEVER BE AFRAID OF
LOVING THE BLESSED
VIRGIN TOO MUCH. YOU
CAN NEVER LOVE HER
MORE THAN JESUS DID”

ST. MAXIMILIAN KOLBE

St. Maximilian Kolbe views Mary’s universal mediation of grace as primarily being linked with and drawn from her intimate and hidden relationship with the Holy Spirit.

All grace, says the Polish saint, ultimately comes to us from God the Father, through the merits of Jesus Christ, his Son, and is distributed by the Holy Spirit; and the Holy Spirit, in distributing all grace, works in and through Mary — not because he has to do so, but precisely because in His plan of salvation, God wills to do so. And God wills to do so for a reason: Jesus, the Source of all grace, came through Mary via the work of the Holy Spirit; therefore it is fitting that all grace continue to come through Mary by the work of the Holy Spirit.

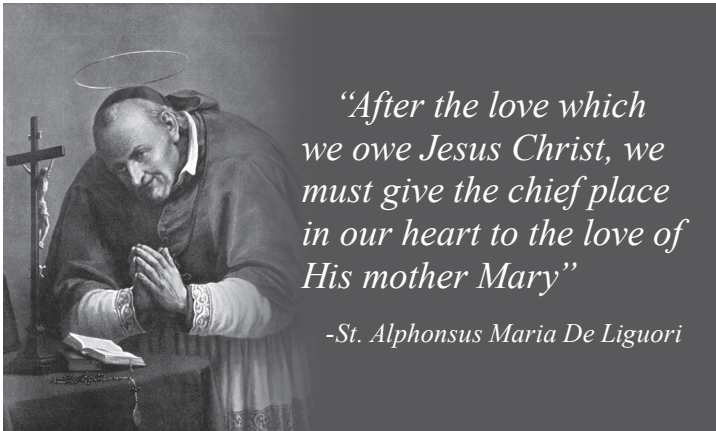
Further, Kolbe says the path by which God’s grace comes to us — from the Father, through the Son and by the Holy Spirit — is inversed upon our return to God. The return to God on our part, which is our loving response to his love and grace, goes from the Holy Spirit (who operates through Mary), through the Son and back to the Father.

To convey this deep union between Mary and the Third Person of the Blessed Trinity, Kolbe, in keeping with Sacred Tradition, refers to Mary as the “spouse” of the Holy Spirit. But at the same time Kolbe expresses dissatisfaction with this term, saying that “spouse” is really inadequate

to describe this intimate and mysterious relationship. In matrimony a man and woman become united through sacramental grace so as to become, in a mystical way, “one flesh.” But Kolbe sees the union between Mary and the Holy Spirit being even more intimate than that of spouses in marriage:

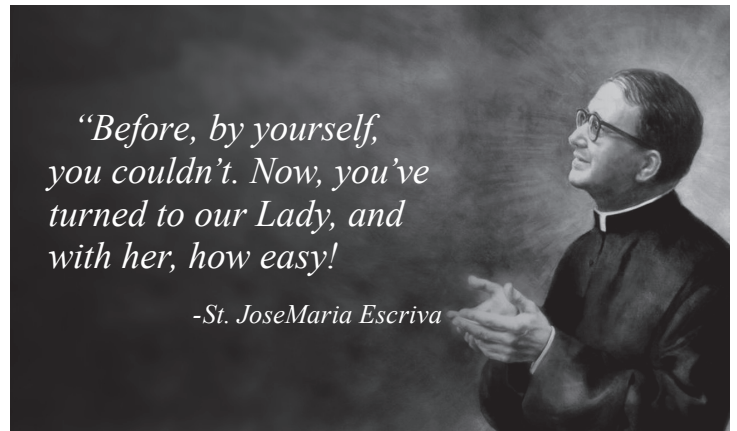
Among creatures made in God’s image, the union brought about by married love is the most intimate of all. In a much more precise, more interior, more essential manner, the Holy Spirit lives in the soul of the Immaculata, in the depths of her very being.

The Holy Spirit manifests his share in the work of Redemption through the Immaculate Virgin who, although she is a person entirely distinct from him, is so intimately associated with him that our minds cannot understand it. So, while their union is not of the same order as the hypostatic union linking the human and divine natures in Christ, **it remains true to say that Mary’s action is the very action of the Holy Spirit.** For Mary as the spouse of the Holy Spirit is raised to such a height of perfection above all other creatures that she accomplishes in everything the will of the Holy Spirit who dwelt in her from the first instant of her conception.



“After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His mother Mary”

-St. Alphonsus Maria De Liguori



“Before, by yourself, you couldn’t. Now, you’ve turned to our Lady, and with her, how easy!”

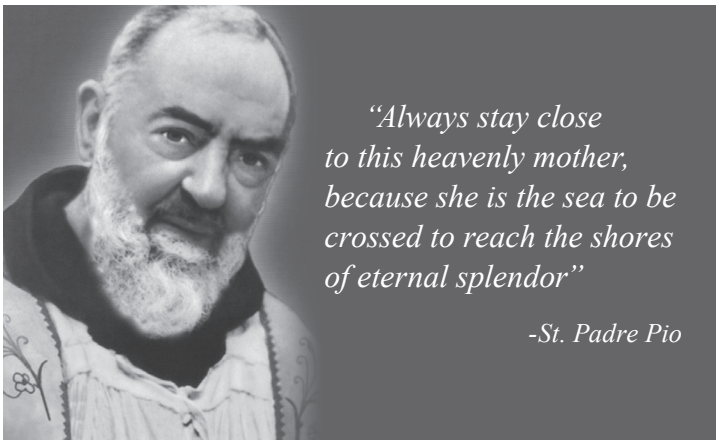
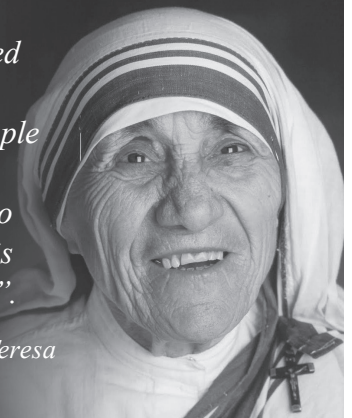
-St. Jose Maria Escriva

If devotion to the Blessed Virgin is necessary for all men simply to work out their salvation, it is even more necessary for those who are called to a special perfection. I do not believe that anyone can acquire intimate union with our Lord and perfect fidelity to the Holy Spirit without a very close union with the most Blessed Virgin and an absolute dependence on her support.

-St. Louis De Montfort

“If you ever feel distressed during your day, call upon our Lady. Just say this simple prayer: “Mary Mother of Jesus, please be a mother to me now”. I must admit: this prayer has never failed me”.

-St. Mother Teresa



“Always stay close to this heavenly mother, because she is the sea to be crossed to reach the shores of eternal splendor”

-St. Padre Pio

“In dangers, in doubts, in difficulties, think of Mary. Let not her name depart from your lips, never suffer it to leave your heart”

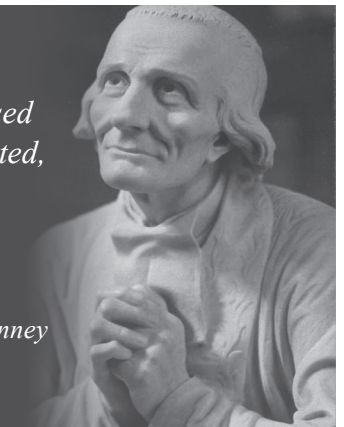
-St. Bernard of Clairvaux

“Men do not fear a powerful hostile army as the powers of hell fear the name and protection of Mary”

-St. Bonaventure

“If you invoke the Blessed Virgin when you are tempted, she will Come at once to your help, and satan will leave you”

-St. John Vianney





This young man may look innocent but at this time in his life he was anything but. In 1987 He was living with his family in Japan on a Naval base. His father was serving as a naval officer there. He was abusing alcohol and drugs. He was committing crimes and working with the Japanese Mafia. Eventually not only was the American Military looking for him, the Japanese government was also. He was found by them both after a two-and-a-half-month manhunt. He did not give up easily and led the American M.P.s and Japanese police on a citywide chase through the subway, streets and markets. After capture he escaped again and was recaptured in a sewer drain. He was combative, disrespectful and verbally abusive. The Japanese expelled him from the country. He was escorted to a cargo plane yelling abuse in handcuffs and shackles, by 2 M.P.s. He was then handcuffed to the plane seat and the M.P.s guarded him until he reached the U.S. He was sent to a rehabilitation center. He was just 15 years old.

He went downhill from there. One night, about 5 years later, while he was alone, he reflected that he had had every sensual satisfaction one could possibly have. He had had every drug, all the alcohol he desired, all the money he possibly could use. But in the end, it all seemed worthless." My life was a waste, and I was hoping it would somehow come to an end..." I was restless and anxious about everything. I was so not at peace and thought that my life would soon be coming

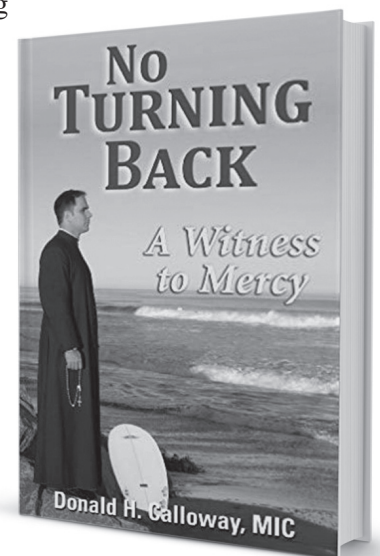
to an end, maybe even that night. I was scared. I feared both life and death."

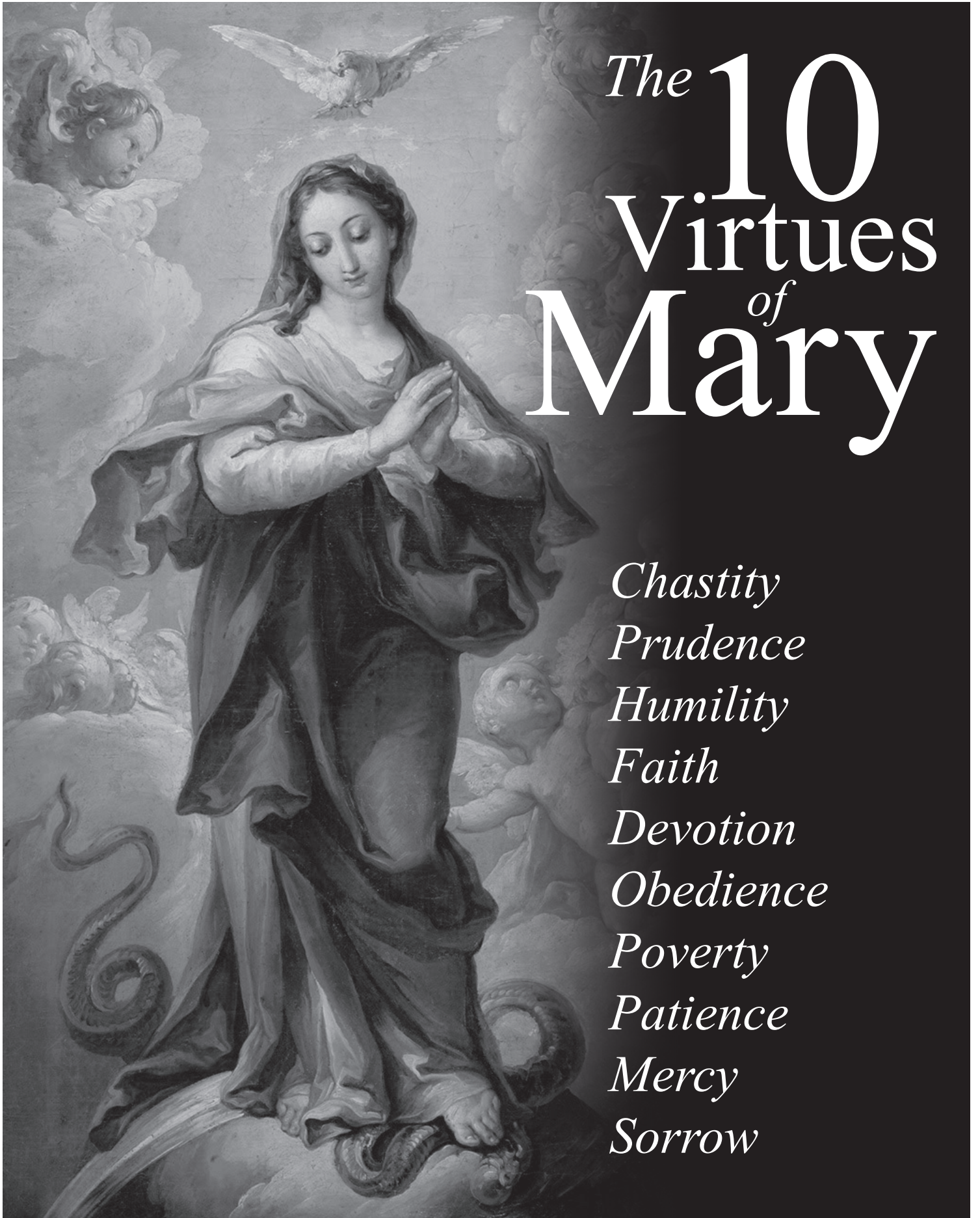
He decided to read to take his mind off his thoughts. He picked up a book of his mother's about Mary. "As I read more and more, I was attracted and repulsed by the message at the same time. It wasn't long before I realized this book was presenting me an offer to change my life and surrender to something greater than myself-to believe in God and be different. It was a revolution in my thinking. Could this be the way out I was looking for?"

"No," I thought. It's just not possible that I could be forgiven or change. How could someone so perverse, wicked and lustful change? At the age of nearly 20, I was convinced that it was already too late for someone like me... As I continued to read the answer became clear. The Virgin Mary was saying that people have to believe in God and have faith. They have to surrender and give their lives to her also, so she can present them to her divine Son."

"The Virgin Mary was saying things that were so clear and captivating that I found myself moved and literally experiencing emotion in a deep way. The Virgin Mary was saying that she was my mother, that she was the mother of those who had gone astray and was calling us back to God, to Jesus. She made it clear that she was not God, but she was pointing to her Son and saying He is the Messiah, the Savior of the world. I found myself totally falling in love with this mother, this woman."

He has now become a priest and is still very much in love with the Blessed Mother. In fact, he has written several books about her including one acclaimed to be the most comprehensive book ever written on the rosary.





The **10**
Virtues
of
Mary

Chastity
Prudence
Humility
Faith
Devotion
Obedience
Poverty
Patience
Mercy
Sorrow

Chastity

The virtue of chastity is the first of Mary's virtues mentioned in the Gospel. For us, chastity is the door through which we are able to gaze into Mary's soul.

In order to continue our struggle for chastity, the Church recommends us to frequently receive the sacraments and to pray often, especially the Rosary. On our own, we cannot resist the many temptations of the world today. Therefore, we invoke the assistance of Mary and the saints. Each of us is at least partly responsible for the chastity of the environment in which we live!

Prudence

Mary teaches us silence and meditation, which allow us to discern the good and choose the appropriate means for obtaining it. Imitating Mary, we should be slow to speak and quick to listen, knowing how to discern in our hearts, even before we open our mouth, what we shall say to avoid all negative words, and all lies. We will then be able to discover and experience the mysteries of silence, because God speaks to the heart in silence. Let us imitate the triple prudence of Mary: in listening, meditating, and discerning. We must listen with love to the Word of God; discern in order to develop wise judgment; finally, ponder at length all the events within the heart, asking God to illuminate them for us with His light.

Humility

All Mary's life is expressed in these few words. She is at the service of the Lord and agrees to everything that He asks of her. She knows how to love the Lord and trust in Him. Mary's humility foreshadows the humility of the Son: "Learn from me for I am meek and humble of heart" (Mt 11:29).

Faith

What is faith? The Catechism of the Catholic Church states that first faith is a virtue given by God, by which we believe in God and all that He has said and revealed, because God is truth itself. By faith man entrusts himself to God. We speak about the obedience of faith, because faith is expressed through our actions.

What does the Gospel state? That Mary has accepted with faith the message and promise brought by the angel Gabriel. She believed that "nothing would be impossible for God" (Lk 1:37). Through faith she conceived the Son of God.

Devotion

Together with the apostles, Mary is also present in the Upper Room. "All devoted themselves to prayer" in anticipation of the gift of the Holy Spirit. Mary begins her great maternal mission;

she remains in prayer with the Church until the end of time. Let us go to her school: she can teach us so much! "Praying is thinking about Jesus and loving Him," Bl. Charles de Foucauld

Obedience

Like a nut whose shell is hard and bitter while the meat is tasty, obedience may not appear very appealing at first glance. Does it not limit our freedom? On the contrary, obedience to God is, in fact, the path to happiness. God our Father shows us where goodness can be found and how to attain it. Obedience should be our response to His love. Jesus says, "I do always what pleases the Father."

The Fathers of the Church emphasize that Mary's obedience wipes out Eve's disobedience.

Poverty

"For where your treasure is, there also will your heart be" (Mt 6:21). Where is the treasure of Mary? Her treasure is Jesus, Emmanuel – God with us.

It is possible to have wealth and still live a life of poverty if one doesn't become a slave to one's riches. But this is a dangerous condition. The more we possess, the more we want to possess, and then the heart closes itself off to the one true treasure: the love of God and neighbor. May the Lord heal us from all kinds of greed, gluttony, and covetousness... May He have mercy upon the rich of this world and open their eyes to the needs of their brothers.

Patience

Mary was always very patient in order to please God. Be patient with yourself: do not become discouraged with prayer in spiritual warfare ... The road is long. Let us not forget that the Lord awaits us in the sacraments, to give strength, patience, perseverance.

Mercy

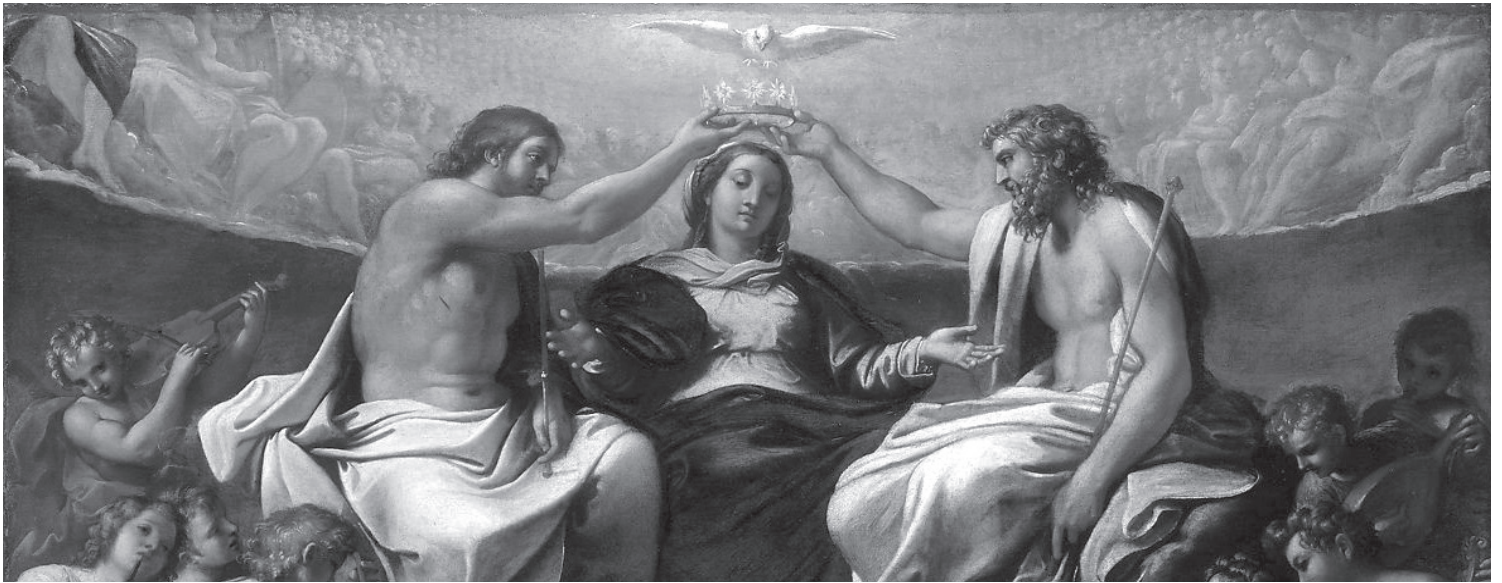
Mercy is the "love of God, poured into your hearts by the Holy Spirit, who was given to us."

Mary concerns herself even with this: "They have no more wine" (Jn 2:3), as she said to her Son. Then to the servants she said, with her calming smile: "Do whatever He tells you" (Jn 2:5). How can we incarnate the mercy of Mary in our lives?

Sorrow (Compassion)

The Virgin Mary – according to the witness of the Gospel – stood near the cross of Jesus, she remains silent, contemplating, filled with compassion. This is the secret of crucified love: "No one takes it from me, but I lay it down on my own" (Jn 10:18)

Excerpts from Rule of the 10 Virtues of Mary www.anuncjarki.pl



The Holy Spirit & Mary

KATHLEEN BECKMAN

She, who at the start of the Redemption gave us her Son, now by her most powerful intercession obtained for the newborn Church the prodigious Pentecostal outpouring of the Spirit of the Divine Redeemer who had already been given on the Cross.

—Pius XII, *Mystici Corporis*, 29 June 1943

Mary is our sure path to a closer friendship with the Third Person of the Holy Trinity.

At Pentecost the Blessed Virgin Mary received the Holy Spirit with unique fullness because hers is the freest human heart. The Lord promised to those who love Him: *we will come to him and make our home with him* (Jn 14:23). In Our Lady this promise is most fulfilled since she, the masterpiece of God is most prepared to be the living tabernacle of the Son of God and temple of the Holy Spirit. When the Angel greeted Mary: *Hail, full of grace* (Lk 1:28), she was already possessed by the Holy Spirit and filled with His grace. Yet, at Pentecost the Holy Spirit descended upon Mary and filled her soul in a new way. With God there is always more and ever-new grace for souls and the work of the Church.

The Holy Spirit will come upon you and the power of the Most High will overshadow you (Lk 1:35). Redeemed, in a more exalted fashion, by reason of the merits of her Son and united to Him by a close and indissoluble tie, she is endowed with the high office and dignity of the Mother of the Son of God, and therefore she is also the beloved daughter of the Father and the temple of the Holy Spirit. Because of this gift of sublime grace, she far surpasses all creatures, both in Heaven and on earth. (*Lumen gentium*, 53)

The descent of the Holy Spirit at Pentecost prepared Mary and the Apostles for their respective post Ascension missions. The tongues of fire that appeared in the Upper Room infused their hearts and minds with charisms and gifts required for their vital mission of evangelizing the world: worshipping, preaching, teaching, healing, administrating, serving and unifying the people of God. The Holy Spirit effected their transformation into Christ.

Christ did not send the Apostles forth immediately following His ascension. He directed them to the holy ground of the Upper Room where He had instituted two key sacraments for the birth of the Church: the sacrament of His body and blood—the Eucharist, and the sacrament of Holy Orders—the priesthood. Christ sent them to the Upper Room to be near Mother Mary who would prepare them to receive and respond to the Holy Spirit in an altogether new way of holy conviction.

Continued...

Heart of the Church: Mary & The Holy Spirit, Collaborators

We cannot separate what God has joined together—Mary and the Holy Spirit are mystically espoused and always work in communion for the sanctification of souls.

From the birth of the Church up to our own day all the good that has been done is the work of the Holy Spirit.

1. Evangelization of the nations
2. Conversions to Christ Jesus
3. Fortitude of the martyrs
4. Holiness of its members
5. Spiritual & corporal works of mercy
6. Sacramental fruitfulness

St. Augustine teaches, “What the soul is to the body of man, the Holy Spirit is in the Body of Christ which is the Church. The Holy Spirit acts in the Church as the soul acts in the members of a body (Sermon, 267)”. The Church is Christ’s living mystical body breathing with two co-dependent lungs: institutional and charismatic—as St. John Paul said at the 1998 Pentecost Vigil in Rome. The Hebrew name for spirit is “ruah” meaning both breath and wind. The necessity of breath to a living organism is obvious. The breath of God is the life of the Christian, the love that animates the soul and fills it with the splendor of truth.

Mary is the perfect model of full possession by the Holy Spirit and therefore she magnifies God alone. She can teach us to do the same—to abide with the same docility to the Holy Spirit’s action in our soul.

It is sublime to realize that the Holy Spirit is in love with us first. To be possessed by the Holy Spirit is to be loved in an absolutely perfect divine way that frees us from the tyranny of false loves.

All our good works, every prayer that we offer, the promptings and desires which impel us to be better, the necessary help to realize the inspirations of God, is the work of the Holy Spirit, our sweet divine guest, comforter, and sanctifier.

Our divine Teacher holds his school within the souls of those who ask him and who really want to have him as their Teacher. His action is preceded by the beaming rays of His light and knowledge. He comes with the truth of the real protector; for He comes to save, to heal, to teach, to counsel, to strengthen, to console, to illumine in the first place the mind of the person who receives Him, and through that person’s works, the minds of others.

—St. Cyril of Jerusalem, *Catechesis on the Holy Spirit*, 1.

He who receives the gift of the Holy Spirit finds his soul full of light, and raised above natural reasoning, able to see that which he did not know formerly. There is quite a distinction between my human judgment of things and the divine discernment of God derived from the Holy Spirit. Mary is the model discerner. God communes in various ways in the silence of a recollected soul, in the gentle whisper of a wind, or the shaking of the heart pierced by some truth. Mary is God’s chosen vessel who assists in attuning our hearts to perceive the Holy Spirit prompting us, “Go this way, not that way” or “Arise and begin this work that I am calling you to do.”

The Holy Spirit never ceases to act within the Church: awakening new desires of holiness, new and at the same time better children of God. Our Lady, collaborating always with the Holy Spirit in souls, exercises maternal wisdom for all her children. Our Heavenly Father and Jesus have provided for us the very Gift of God—the Holy Spirit. It is consoling to remember that Christ, at the time when His Ascension was near, taught that it was better (better!) that He go to the Father so that His Spirit would come and be poured into our hearts. We are not able to see Jesus as did the Apostles but we have God with us through the abiding gift of the Holy Spirit.

Simple Marian Lessons

1. Luke 1:38: *I am the handmaid of the Lord.* Invoke the Holy Spirit to possess you more fully with His love and receive Him anew with docility and joy.
2. Luke 1:38: *Be it done unto me according to your word.* Desire to receive, respond, and retain an active love relationship with the Holy Spirit.
3. Luke 1:47: *The Mighty One has done great things for me.* Humbly pray for the Spirit's fire to set your heart ablaze and welcome the gifts and fruits of the Spirit.
4. Luke 1:46: *My spirit rejoices in God my Savior.* Acknowledge before God and man that whatever is good in you and your life is the gratuitous work of the Holy Spirit.
5. Luke 1:53: *He has lifted up the humble.* Stay in the middle of the collaborative action of Mary and the Holy Spirit so that you remain in the love that protects, sanctifies, equips you and empowers your mission.
6. Luke 1:48: *His mercy endures forever.* Contemplate the Upper Room and Christ's three interrelated initiatives for love and life: Eucharist, Priesthood & Pentecost.
7. John 2:5: *Do whatever He tells you.* With expectant faith daily invoke the Holy Spirit as your soul's best friend seeking loving companionship, counsel, courage, and direction.

Scriptural Prayer

(cf. John 16:13-14 and John 14:26)

Christ said, "When the Spirit of truth comes, he will guide you into all truth." Spirit of truth, guide me always, I pray.

Christ said, "He will glorify me, for He will take what is mine and declare it to you." Holy Spirit, help me to glorify The Father and to declare with my life that Jesus Christ is Lord.

Christ said, "The Counselor, the Holy Spirit will teach you all things and brings to your remembrance all that I have said to you." Divine Counselor, please enlighten my mind to the teachings of Christ, and help me to recall His words that are spirit and truth.

Holy Spirit, please come anew; fill me with your love, life, joy, peace, and wisdom as I pray for my personal Pentecost through the intercession of your beloved spouse, the Virgin Mary. Amen.

Appreciation to Edward Whalen



A Change in the Apostles of the Holy Spirit Bulletin

In 1954 George E. Schulhoff was granted approval for spreading the devotion of the Holy Spirit under the name of "Apostles Of The Holy Spirit" by Archbishop Alter. In time a formal bulletin was added to the pamphlets and writings of Mr. Schulhoff. He worked alongside his friend and the manager of his business, Edward Whalen.

When Mr. Schulhoff died in 2000 Mr. Whalen assumed the responsibility of the bulletin. Recently at the age of 90, he has retired from this duty which he has so humbly, faithfully and beautifully fulfilled.

We thank Ed Whalen for his tireless work and ask God's richest blessings on him and his loved ones.

The Importance Of First Saturdays Cannot Be Underestimated



Sister Lucia received a vision on December 10, 1925 where the Blessed Mother appeared alongside a Boy who stood over a luminous cloud. Our Lady rested one hand on the Boy's shoulder while she held on the other hand a heart pierced with thorns around it.

Sister Lucia heard the Boy say, "Have pity on the Heart of your Most Holy Mother which is covered with thorns with which ingrate men pierce it at every moment with no one to make an act of reparation to pull them out."

Our Lady expressed her request in the following words,

"See, my daughter, My Heart surrounded with thorns with which ingrates pierce me at every moment with blasphemies and ingratitude. You, at least, make sure to console me and announce that all those who for five months, on the first Saturdays, go to confession, receive Communion, say five decades of the Rosary and keep me company for 15 minutes meditating on the mysteries of the Rosary, **with the purpose of making reparation to Me**, I promise to assist them at the hour of death with all the graces necessary for the salvation of their souls."

Essential Elements of First Saturday Devotion

1. Go to Confession
2. Receive Holy Communion worthily
3. Pray five decades of the Rosary
4. Keep Our Lady company for 15 minutes while meditating on the mysteries of the Rosary

Mary's Promise

"I promise to assist at the hour of death all the graces necessary for the salvation of their souls."

Why Five Saturdays?

Sister Lucia's confessor questioned her about the reason for the five Saturdays. She answered him in a letter dated June 12, 1930. In it she related a vision she had of Our Lord, who told her...

The five first Saturdays correspond to the five kinds of offenses and blasphemies committed against the Immaculate Heart of Mary. They are:

1. Blasphemies against the Immaculate Conception
2. Blasphemies against her virginity
3. Blasphemies against her divine maternity, at the same time the refusal to accept her as the Mother of all men
4. Instilling , indifference, scorn and even hatred towards this Immaculate Mother in the hearts of children
5. Direct insults against Her sacred images

We must console Our Lady amidst all these insults and injuries to her and her Divine Son. She asks for reparation, she pleads for our prayers, she hopes for our amendment of life. Let us listen to her maternal pleas and atone for the ingratitude of men.

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FRUITS OF THE HOLY SPIRIT

FRUITS OF THE HOLY SPIRIT

Galatians 5:22-23

...the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control...

PRAYER

Come, O divine spirit teach me discipline to develop your heavenly fruits, your love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self control, that I may never weary in the service of God, but by continued faithful submission to your inspiration may merit to be united eternally with you in the love of the Father and the Son. Amen



1 to 10 Free
upon your request.
We ask that you serve God by asking the Holy Spirit where you should give one hand to hand.

Come Holy Spirit